



Dam of Fronhas - Moura Morta Canoeing - Alva River



From
19€

Description

Descent of Alva river, in a sector with about 5/6 km between the Fronhas Dam and the Moura Morta Beach in Vila Nova de Poiares municipality. Sector with many rapids and crossing of a reservoir. It does not have very technical sectors, but it requires some physical condition and skill, as contact with water is likely. We recommend previous experience in canoeing. Recommended season: all year round. Difficulty: easy.

Duration: 2 hours.

Meeting Point: 9:30 am at the Fronhas Dam wall.

Coordinates: <https://goo.gl/maps/E7nTKAX9YaacWwys8>

Price

Price per person:

- Groups over 10 pax: 23,5€
- Groups over 15 pax: 21€
- Groups over 30 pax: 19€

Includes insurance, driver transfer between the end and start of the descent, equipment and monitors.

Minimum number of participants: 10.

1 free offer for each group of 25 payers.

SNACK OPTION

NEW

Option of **breakfast** on arrival with **homemade local products**, walk between the end and beginning of the descent, **jeropiga** in the middle of the walk, **beer and pastries** at the beginning of the descent – extra **€7.5** per person with a minimum of 10 payers.

Enrollment

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: **PT50004534534027764108953** (proof of payment must be sent to geral@transserrano.com). A list with the complete names and birthdates, of all participants, must be sent by e-mail up to 2 days in advance (geral@transserrano.com).

What you should bring

Hat and sunscreen suitable for your skin, light clothing (shorts and t-shirt) or suitable for the weather conditions of the day, canteen or bottle of water, light lunch (sandwiches, fruit, energy bars), closed sandals or old sneakers that can get wet (flip-flops are not recommended), dry clothes for the finish and a towel.

Recommendations

During winter or in periods of high precipitation, river flow may vary rapidly in a few hours, so the activity is always dependent on the analysis and evaluation of the river at the exact time, also taking into account the participants' experience and their age group. Trans Serrano may have to cancel the activity immediately before it starts. During autumn and winter, we do not recommend the participation of children and young people under the age of 16. Participants wearing glasses must pay special attention to them. Make sure to bring a glasses string to avoid losing them in the river. We do not recommend the use of mobile phones, cameras and other electronic devices on the activity. Also, during the activity, there should be nothing visible inside the cars. And everything considered of value should be placed in a backpack (which will always be with the participants or with the organization).

Other Conditions

- Insurance is included to the final price: **a) personal accident insurance** - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); **b) civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- **Add to the presented prices the current legal IVA Tax.**
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number +351 239 821 690, email geral@centrodearbitragemdecoimbra.com or or directly at the Online Complaint Book. More information on the consumer portal www.consumidor.gov.pt.

Logistics

Before we begin the activity, we will use our support vehicle to take the participants' vehicles, with their respective drivers, to the end of the section. This way, when they finish the activity, their vehicles will be waiting for them at the end.

Lunch Options

- **Mobile lunch:** 2 sandwiches, 1 mini meat pie, 1 chocolate, fruit, water, juice. **Price per person:** 7.5€ (minimum of 15 payers);
- **Meal at restaurant (Arganil):** menu with soup, main course, dessert, drinks and coffee. Ask us for the available menus and prices.



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