



# Vila Cova do Alva - Côja Canoeing - Alva River



From  
25€



## Description

Descending the Alva River, in a 9km section between Vila Cova do Alva and Côja in the Arganil municipality. The section features over a dozen dams and rapids, with different shapes (ramp, step, vertical, round, whole, semi-destroyed, etc.). It doesn't have very technical sections, but it does require some physical condition and skill because contact with water is inevitable. Previous experience in canoeing is recommended. Recommended time: from **October to May**. Difficulty: **medium**, depending on the physical condition of the participants and the conditions of the river (which vary with rainfall).

**Duration:** 5 to 6 hours.

**Meeting Point:** 9h30 am at Praia Fluvial Vila Cova do Alva (Arganil).

**Coordinates:** <https://goo.gl/maps/rfMx4Ku4tV4otZ7A6>

## Price

**Price per person:**

- Groups over 15 pax: 28,5€

- Groups over 30 pax: 25€

Includes insurance, transfer of drivers between the end and beginning of the descent, equipment, monitors, helmet, wetsuits and neoprene boots.

**Minimum number of participants:** 15.

1 free offer for each group of 25 payers.

## Logistics

Before we begin the activity, we will use our support vehicle to take the participants' vehicles, with their respective drivers, to the end of the section. This way, when they finish the activity, their vehicles will be waiting for them at the end.

## Enrollment

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: **PT50004534534027764108953** (proof of payment must be sent to [geral@transserrano.com](mailto:geral@transserrano.com)). A list with the complete names and birthdates, as well as body sizes (height and weight) for the wetsuits and foot size for the neoprene socks, of all participants, must be sent by e-mail up to 2 days in advance ([geral@transserrano.com](mailto:geral@transserrano.com)).

## What you should bring

Warm and light clothing to wear under the wetsuit (thermal shirt or lycra), water bottle, light lunch (sandwiches, fruit, energy or cereal bars), dry clothes for the end and a bath towel. If you do not wear neoprene boots, we recommend a pair of old sneakers.

During winter or in periods of high precipitation, river flow may vary rapidly in a few hours, so the activity is always dependent on the analysis and evaluation of the river at the exact time, also taking into account the participants' experience and their age group. Trans Serrano may have to cancel the activity immediately before it starts. During autumn and winter, we do not recommend the participation of children and young people under the age of 16. Participants wearing glasses must pay special attention to them. Make sure to bring a glasses string to avoid losing them in the river. We do not recommend the use of mobile phones, cameras and other electronic devices on the activity. Also, during the activity, there should be nothing visible inside the cars. And everything considered of value should be placed in a backpack (which will always be with the participants or with the organization).

## Recommendations

## Other Conditions

- Insurance is included to the final price: **a) personal accident insurance** - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); **b) civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- Add to the presented prices the current legal IVA Tax.**
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website [www.centrodearbitragemdecoimbra.com](http://www.centrodearbitragemdecoimbra.com), head office at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number +351 239 821 690, email [geral@centrodearbitragemdecoimbra.com](mailto:geral@centrodearbitragemdecoimbra.com) or or directly at the Online Complaint Book. More information on the consumer portal [www.consumidor.gov.pt](http://www.consumidor.gov.pt).

## Lunch Options

- Mobile lunch:** 2 sandwiches, 1 mini meat pie, 1 chocolate, fruit, water, juice. **Price per person:** 7,5€ (minimum of 15 payers);
- Meal at restaurant (Arganil):** menu with soup, main course, dessert, drinks and coffee. Ask us for the available menus and prices.



[www.transserrano.com](http://www.transserrano.com)



[www.instagram.com/trans\\_serrano/?hl=pt](https://www.instagram.com/trans_serrano/?hl=pt)



<https://www.facebook.com/TransSerranoAventura>



Trans Serrano - Aventura, Lazer e Turismo, Lda  
Bairro S. Paulo, 2 - 3330-304 Góis | NIF: 504 600 478  
Tel: 00 351+ | 235 778 938 | 966 217 787 | 961 787 772  
[geral@transserrano.com](mailto:geral@transserrano.com)  
[www.transserrano.com](http://www.transserrano.com) | [www.idadedeouro.pt](http://www.idadedeouro.pt)  
RNAAT24 | RNAVT3925

Associated to:

TURISMO DE PORTUGAL  
ARPT Centro de Portugal

