



Alvoco das Várzeas - Avô Canoeing - Alvoco River

From 25€

Description

Activity performed in the municipality of Oliveira do Hospital, in a sector of Alvoco river with 8km, between Alvoco das Várzeas and Avô. It requires some technique, it has fewer weirs, however, many passages with narrow rapids, some with boulders in the riverbed, where contact with water is inevitable. In the end, there are some ramp weirs. It requires good physical condition and dexterity. Also, since the contact with water is inevitable, canoeing experience is required.

Duration: 5 to 6 hours.

Meeting Point:

Coordinates: <https://goo.gl/maps/MZkwdkfCw55wXiP6>

Price

Price per person:

- Groups over 15 pax: 30€

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Includes insurance, driver transfer between the end and beginning of the descent, equipment, monitors, helmets, wetsuit, and neoprene boot.

Minimum number of participants: 15.

Offer 1 gratuity for each group of 25 paying.

Logistics

After meeting at the start of the descent, the participants will put on their wetsuits and neoprene boots. Before starting the activity, we will use our support car to place the participants' cars and drivers at the end of the section. This way, when they finish the descent, they will have their cars at the end.

Enrollment

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: **PT50004534534027764108953** (proof of payment must be sent to geral@transerrano.com). A list with the complete names and birthdates, as well as body sizes (height and weight) for the wetsuits and foot size for the neoprene boots, of all participants, must be sent by e-mail up to 2 days in advance (geral@transerrano.com).

What you should bring

Warm and light clothing to wear under the wetsuit (thermal shirt or lycra), water bottle, light lunch (sandwiches, fruit, energy or cereal bars), dry clothes for the end and a bath towel. If you do not wear neoprene boots, we recommend a pair of old sneakers.

Recommendations

During winter or in periods of high precipitation, river flow may vary rapidly in a few hours, so the activity is always dependent on the analysis and evaluation of the river at the exact time, also taking into account the participants' experience and their age group. Trans Serrano may have to cancel the activity immediately before it starts. During autumn and winter, we do not recommend the participation of children and young people under the age of 16. Participants wearing glasses must pay special attention to them. Make sure to bring a glasses' cord to avoid getting them lost in the river. We do not recommend the use of mobile phones, cameras and other electronic devices along the activity. Also, during the activity, there should be nothing visible inside the cars. And everything considered of value should be placed in a backpack (which will always be with the participants or with the organization).

Other Conditions

- Insurance is included to the final price: **a) personal accident insurance** - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); **b) civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- **Add to the presented prices the current legal IVA Tax.**
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number +351 239 821 690, email geral@centrodearbitragemdecoimbra.com or or directly at the Online Complaint Book. More information on the consumer portal www.consumidor.gov.pt.

Lunch Options

- **Mobile lunch:** 2 sandwiches, 1 mini meat pie, 1 chocolate, fruit, water, juice. **Price per person:** 6.5€ (minimum of 15 payers);
- **Meal at restaurant:** menu with soup, main course, dessert, drinks and coffee. Ask us for the available menus and prices.



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www.instagram.com/trans_serrano/?hl=pt

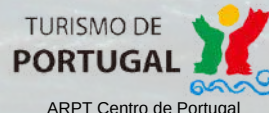


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