



Canyoning Pena River

Góis



From
36€

Description

This activity involves descending on foot Pena River(Góis), using water jumps, tobogganing, abseiling and water crossings. This stream runs through a steep valley, whose bed, banks and slopes are formed by impressive crags that make this place almost inaccessible. For this reason, this valley still serves as a refuge for unique and rare plants and animals. This is the most spectacular River in the Central Region of Portugal, where the inhospitable and wild scenery (formed by countless waterfalls, lagoons and imposing rocks) combines with the exuberant vegetation and peculiar wildlife.

During canyoning, the organization provides the following material: neoprene wetsuit, neoprene socks, individual protection equipment (helmet, harness, descender), backpack, bags and waterproof drums.

This canyoning has an initial rappel of 35 meters to enter the stream (optional - the organization decides its realization according to the group and the weather conditions). It has about a dozen optional jumps of various heights. The entire progression is made along the course of the stream (out of or in the water), using dexterity and jumping from rock to rock. At the end it is necessary to do a walk of about 30 minutes to reach the village of Ribeira Cimeira. Recommended time of year: spring, summer and fall (April to October).

Duration: about 5 hours.

Meeting point: 9:30 am at Ribeira Cimeira in Góis.

Coordinates: <https://goo.gl/maps/B2RiiA1FcqDYHT1PA>

Price

Price per person:

- Groups over 4 paxs: 50€

- Groups over 6 paxs: 42,5€

- Groups over 12 paxs: 38,5€

- Groups over 20 paxs: 36€

Includes insurance, transfer of participants between the end and beginning of the descent, equipment and monitors.

Minimum number of participants: 4.

Offer 1 gratuity for each group of 25 paying members.

Logistics

This activity requires shuttle services, in the clients or Trans Serrano cars, between the beginning and the endpoint (about 2km). This process will be explained in detail, by the guides, in the day of the activity.

Enrollment

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: **PT50004534534027764108953** (proof of payment must be sent to geral@transserrano.com). A list with the complete names and birthdates, as well as body sizes (height and weight) for the wetsuits and foot size for the neoprene socks, of all participants, must be sent by e-mail up to 2 days in advance (geral@transserrano.com).

Recommendations and what to bring

Participants must bring a water bottle and light lunch: sandwiches, fruit, energy or cereal bars. It is mandatory to be equipped with strong shoes to walk in the water: sneakers or boots with thick and rough soles, preferentially with ankle protection (do not bring sandals or wet shoes). **Footwear is on the participants' responsibility.** A Lycra sweater can be worn underneath the wetsuit. The guides will provide waterproof backpacks to carry the participants' lunch, although due to its size, has to be a moderate quantity. We recommend that participants have something to eat before the activity, so they do not have to carry so much weight. Also, the use of sunscreen is recommended. Whoever wears prescription goggles should apply a lanyard for these to be safer.

Other Conditions

- Insurance is included to the final price: **a) personal accident insurance** - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); **b) civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- Add to the presented prices the current legal IVA Tax.**
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number +351 239 821 690, email geral@centrodearbitragemdecoimbra.com or or directly at the Online Complaint Book. More information on the consumer portal www.consumidor.gov.pt.

Lunch Options

Mobile lunch:

Individual bag with 1 mini meat pie, 1 bar, 1 fruit, 1 water. Price per person: 3,5€ (minimum 10 paying passengers);

Restaurant meal (Góis):

Menu with soup, plate, dessert, drinks and coffee. Ask us for available menus and prices.



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