

# Canyoning Coentral, Castanheira de Pêra Quelhas River















## Description

Activity that implies the descent on foot of Quelhas River (Castanheira de Pêra), taking advantage of waterfalls, natural slides, rock progression, abseiling and several passages in the water. This small river runs along a steep valley whose riverbed, riverbanks and slopes are formed by impressive boulders that make this place almost inaccessible. For this reason, this valley still serves as a refuge for rare and unique plants and animals. In this river, the inhospitable and wild scenery (formed by countless waterfalls, lagoons and imposing rocks) are combined with the exuberant vegetation and the peculiar wildlife, which is worth the effort spent in carrying out this activity. To each participant, will be provided with the following material: wetsuit, neoprene socks, personal protective equipment (helmet, harness, descender),

backpacks, and watertight containers. This is a small river with short sections, adequate for beginners.Has 6 spectacular places to perform abseiling with a height of 14 to 20 meters. In general, the progression is along the riverbed, inside or outside water and taking advantage of some natural rock slides. At the end there's the chance to do some jumps to the water and a small sliding.

**Duration:** about 5/6 hours.

Meeting point: 9:30 am at the entrance to Quelhas Riverwalkways, Coentral (Castanheira de Pêra).

Coordinates: https://goo.gl/maps/PZfzW3BPp8RBJKOz8

Price per person:

- Groups over 4 paxs: 52,5€
- **Groups over 6 paxs: 45€**
- Groups over 12 paxs: 41€
- Groups over 20 paxs: 38,5€

Includes insurance, transfer of participants between the end and beginning of the descent, equipment and monitors

Minimum number of participants: 4. Offer 1 gratuity for each group of 25 payers.

## Logistics

After meeting with the guides, participants will have to take their own vehicles to the ending point of canyoning, near Coentral village, where they get equipped with the wetsuits and remaining equipment.

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: PT50004534534027764108953 (proof of payment must be sent to geral@transserrano.com). A list with the complete names and birthdates, as well as body sizes (height and weight) for the wetsuits and foot size for the neoprene socks, of all participants, must be sent by e-mail up to 2 days in advance (geral@transserrano.com).

## **Recommendations and what to bring**

Participants must bring a water bottle and light lunch: sandwiches, fruit, energy or cereal bars. It is mandatory to be equipped with strong shoes to walk in the water: sneakers or boots with thick and rough soles, preferentially with ankle protection (do not bring sandals or wet shoes). Footwear is on the participants' responsibility. A Lycra sweater can be worn underneath the wetsuit. The guides will provide waterproof backpacks to carry the participants' lunch, although due to its size, has to be a moderate quantity. We recommend that participants have something to eat before the activity, so they do not have to carry so much weight. Also, the use of sunscreen is recommended. Whoever wears prescription goggles should apply a lanyard for these to be safer.

- Insurance is included to the final price: a) personal accident insurance includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); b) civil liability insurance - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- Add to the presented prices the current legal IVA Tax.
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1º, 3000-172 COIMBRA, phone number +351 239 821 690, email

geral@centrodearbitragemdecoimbra.com or or directly at the Online Complaint Book.More information on the consumer portal www.consumidor.gov.pt.







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Associated to:







**Lunch Options** 

Individual bag with 1 mini meat pie, 1 bar, 1 fruit, 1

water. Price per person: 3,5€ (minimum of 10

Restaurant meal (Castanheira de Pêra):

Ask us for available menus and prices.

Menu with soup, dish, dessert, drinks and coffee.

Mobile lunch:

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