

# Canyoning

Manhouce,  
S. Pedro do Sul

# Vessadas River



From  
**37,5€**

## Description

Activity that involves descending on foot from Vessadas River (Manhouce), using jumps into the water, tobogganing, descent rappelling and crossings in the water. This canyoning is quite accessible and recommended for younger groups or large groups, as it is not very technical, but very fun.

The canyoning starts near the meeting point at Poço da Barreira, which has several ways of transposition, such as tobogganing and jumping. On the 2nd ledge you can rappel 4 meters high. Several ledges follow which are usually bridged by jump and toboggan, the highest of 15 meters is bridged by abseiling. This stream has beautiful green lakes with clear water that invite us to jump. In the end, the return to Manhouce is done by another tributary, the stream of Manhouce, up the stream and passing the Well of Silha. This walk is the most difficult part of canyoning.

During the canyoning the following equipment is provided by the organization: neoprene suit, neoprene socks, personal protective equipment (helmet, harness, descender), backpacks, waterproof bags and drums. Recommended season: spring and summer (May to September).

**Duration:** 3h

**Meeting point:** 9h30 am at Parque de Merendas de Manhouce in Manhouce, S. Pedro do Sul

**Coordinates:** <https://goo.gl/maps/eNYKmM1emUxs6Jya8>

## Price

**Price per person:**

- Groups over 6 paxs: 47,5€

- Groups over 12 paxs: 42,5€

- Groups over 20 paxs: 37,5€

Includes insurance, transfer of participants between the end and beginning of the descent, equipment and monitors.

**Minimum number of participants:** 6.

Offer of 1 gratuity for each group of 25 paying members.

## Logistics

This activity does not require transfers of vehicles. The vehicles of the participants are stopped at the Parque de Merendas de Manhouce and the rest is all done on foot, in a circular fashion.

## Enrollment

To register, you only need to provide a name and a mobile contact. A 50% deposit for the reservation must be made by bank transfer 5 days prior to the activity to **IBAN PT50004534534027764108953** and the proof of payment must be sent by email. It is mandatory to send a list with the full names and birth dates, for insurance purposes, as well as the body size (height and weight) for the neoprene suits and shoe size for the neoprene socks, for all participants via email ([geral@transserrano.com](mailto:geral@transserrano.com)) 2 days before.

## Recommendations and what to bring

You should bring water and a light lunch: sandwiches, fruit, energy bars, nuts, etc. It is necessary to bring shoes to walk on the water: tennis shoes or sneakers or boots with thick and rough soles (do not bring sandals or neoprene shoes). Footwear is the responsibility of the participants. You may bring a Lycra shirt (to wear underneath the neoprene suit). The organization has waterproof backpacks to bring lunch for the participants, but the amount should be moderate. We suggest that participants eat something before the hike so as not to have to carry so much weight during the activity. It is important to bring sunscreen. Those wearing graduate glasses should apply a lanyard to make them safer to walk with.

## Other Conditions

- The values include: **a) personal accident insurance:** coverage for death or permanent disability of 20,000€ and treatment expenses of 3,500€ (policy number 202126631, Allianz Portugal); **b) liability insurance:** coverage of 75,000€ per claim (policy number 203249524, Allianz Portugal).
- **The presented values exclude the VAT at the current rate.**
- "Trans Serrano reserves the right to cancel or change the activity without prior notice, if the weather conditions, physical conditions or other factors put the safety of the participants at risk.
- In case of non-appearance or cancellation within 24 hours before the activity, without any notification, Trans Serrano reserves the right to retain or require payment of 50% of the activity price.
- In case of dispute, the consumer may resort to the CACRC (Consumer Conflict Arbitration Center of the Coimbra Region), on the website [www.centrodearbitragemdecoimbra.com](http://www.centrodearbitragemdecoimbra.com) and with headquarters at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number 239 821690, email [geral@centrodearbitragemdecoimbra.com](mailto:geral@centrodearbitragemdecoimbra.com) or directly on the online Complaint Book. More information on the consumer portal [www.consumidor.pt](http://www.consumidor.pt).

## Opções de Almoço

### Mobile lunch:

Individual bag with 1 mini meat pie, 1 bar, 1 fruit, 1 water. Price per person: 3,5€ (minimum of 10 payers);

### Restaurant meal (S. Pedro do Sul):

Menu with soup, dish, dessert, drinks and coffee. Ask us for available menus and prices.



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