

# Serra da Estrela Loriga Canyon Hike





**Dificulty** 













Meeting point: 9am at Torre (Serra da Estrela). The organization's car stays here and the route is done until the beginning of the walk in the clients' car. At the end of the walk we will use the organization's car to return to the participants' car.

Description One of the highlights of Serra da Estrela, its a linear hike with about 12 km, along the glacial valley of Loriga. With an elevation difference of arround 1200m (minimum height - 830m; maximum height - 1993m), in a mountainous and almost inhospitable area, from the village of Loriga to the highest point of the mountain, the Torre. The landscape is marked by an uneven and rocky landscape, formed by lagoons, valleys and glacial hollows. The floor is in certain places uneven. It is convenient to have good physical endurance.

Coordinates: https://goo.gl/maps/LS4N5fDFXn1hT1KDA

- groups between 10 and 19 pax: 25€ per person
- groups over 20 paxs: 20€ per person

Included: insurance and guide.

Minimum number of participants: 10. We offer 1 free for each group of 25 participants

### 1 Star: Short hike with gentle slopes.

- 2 Stars: Longer hike and/or with moderate slopes.
- 3 Stars: Mountain hike. Requires preparation and physical condition. Long hike with steep slopes
- 4 Stars: Mountain walk with difficult climatic conditions (winter weather) and/or with techn passes using climbing equipment. Requires physical preparation, technique and equipmen

## Enrollment

To make the registration, simply indicate a name and a cell phone contact. A down payment of 50% of the reservation must be made until 5 days before the activity, to IBAN PT50004534027764108953, proof of payment must be sent by e-mail. It is mandatory to send the list of full names and date of birth of all participants by email (geral@transserrano.com) up to 2 days in advance.

# **Recommendations and what to bring**

You should bring water and a light lunch (based on sandwiches and fruit). It is recommended that you wear clothing and footwear appropriate for the weather conditions in each season of the year, namely light, thermal and breathable clothing, a raincoat/ windbreaker and comfortable mountain boots, a hat to protect you from the sun and pants that allow freedom of movement. There is a possibility of snow on the highest part of the route.

### Other Conditions

- Insurance is included to the final price: a) personal accident insurance includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); b) civil liability insurance - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- Add to the presented prices the current legal IVA Tax.
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans
- Serrano reserves the right to withhold or demand payment of 50% of the activity price. In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1º, 3000-172 COIMBRA, phone number +351 239 821 690, email
  - geral@centrodearbitragemdecoimbra.com or or directly at the Online Complaint Book.More information on the consumer portal www.consumidor.gov.pt.



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PME líde



**Meal Options** 

available menus and prices

ndividual bag with 1 mini meat pie, 1 bar, 1 fruit, 1 water.

menu with soup, dish, dessert, drinks and coffee. Ask us for

Price per person: 3.5€ (minimum of 10 pavers)

Restaurant meal (Seia or Manteigas):

On-road Lunch:

PORTUGAL

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