



# Serra da Lousã, Góis Schist Traditions Route Hike



From  
**12,5€**

## Description

9 km circular hike along the Schist Villages of Serra da Lousã in the municipality of Góis: Aigra Nova, Aigra Velha, Comareira and Pena. Side by side with the imposing Penedos de Góis, the trail is based on the ecomuseum Schist Traditions, where participants can enjoy the unique characteristics and traditions of the schist territory: Alembic; threshing floors; communitarian ovens and mills; vegetable gardens and crops; goat pens; chestnut trees groves and traditional beehives. At Aigra Nova, it is possible to visit the headquarters of the Ecomuseum and the Environmental Interpretation Center of Natura 2000 in Serra da Lousã. With some luck, you will be able to see a bird of prey or a herd of deer. The path is irregular in some places and it is convenient to have some physical endurance. Recommended season: spring, summer, and fall. The slopes are moderate.

**Recommended time of year:** Spring, summer, and fall.

**Difficulty:** Medium. RANK: \*\*

**Duration:** about 4/5 hours.

**Meeting point:** 9:30 am at Loja do Xisto of Aigra Nova (Góis).

**Coordinates:** <https://goo.gl/maps/GTwUzAUJNHs2qvjS6>

## Price

**Price per person:**

**groups between 10 and 19 pax:** 15€ per person

**groups over 20 pax:** 12,5€ per person

Included: insurance, entrance to the ecomuseum and guide.

**Minimum number of participants:** 10.

We offer 1 free for each group of 25 participants.

## Difficulty

\* **1 Star:** Short hike with gentle slopes.

\*\* **2 Stars:** Longer hike and/or with moderate slopes.

\*\*\* **3 Stars:** Mountain hike. Requires preparation and physical condition.

Long hike with steep slopes.

\*\*\*\* **4 Stars:** Mountain walk with difficult climatic conditions (winter weather) and/or with technical passes using climbing equipment. Requires physical preparation, technique and equipment

## Enrollment

To make the registration, simply indicate a name and a cell phone contact. A down payment of 50% of the reservation must be made until 5 days before the activity, to IBAN PT50004534027764108953, proof of payment must be sent by e-mail. It is mandatory to send the list of full names and date of birth of all participants by email ([geral@transserrano.com](mailto:geral@transserrano.com)) up to 2 days in advance.

## Recommendations and what to bring

Hikers should carry water and a light packed lunch (consisting of sandwiches and fruit). It is recommended clothing and footwear suitable with climatic conditions: thermal, very breathable and lightweight clothing; a waterproof/windproof jacket; hiking trousers, that allow freedom of movements; comfortable mountain boots and hat or cap.

## Other Conditions

- Insurance is included to the final price: **a) personal accident insurance** - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); **b) civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- Add to the presented prices the current legal IVA Tax.**
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website [www.centrodearbitragemdecoimbra.com](http://www.centrodearbitragemdecoimbra.com), head office at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number +351 239 821 690, email [geral@centrodearbitragemdecoimbra.com](mailto:geral@centrodearbitragemdecoimbra.com) or or directly at the Online Complaint Book. More information on the consumer portal [www.consumidor.gov.pt](http://www.consumidor.gov.pt).

## Meal Options

**On-road Lunch:**

Individual bag with 1 mini meat pie, 1 bar, 1 fruit, 1 water. Price per person: 3,5€ (minimum 10 paying passengers);

**Restaurant meal (Góis):**

Menu with soup, plate, dessert, drinks and coffee. Ask us for available menus and prices



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